

# INTRODUCTION TO PSYCHOLOGY SYLLABUS

PSY 1101, Fall 2018, 3 credit hours, August 14th – November 29th

Class meets Tuesday and Thursday 12:15pm to 1:30pm in Liberal Arts Room 113.

Hyperlinks for accessibility are provided throughout this document with full URLs noted in the footnote.

## INSTRUCTOR INFORMATION

Catherine Clinard, Liberal Arts, 243, Phone (706) 272-2543 or email [cclinard@daltonstate.edu](mailto:cclinard@daltonstate.edu)

My office hours are on Mondays(s), 9:50am – 10:50am; 12:10 – 1:40pm; 3:00 – 3:45pm.

Tuesday(s), 9:50am – 10:50am.

Wednesday(s), 9:50am – 10:50am, 12:10pm – 1:40pm.

Thursday(s), 11:00am – 12:15pm and by appointment throughout the week.

## REQUIRED TEXT AND MATERIALS

Textbook: Openstax Psychology, Spielman, R., 2014, ISBN# 1-947172-07-7 , PDF is free or hardcopy may be purchased.

## CATALOG INFORMATION

PSYC 1101 introduces the study of psychology as a quantitative science and as an aid to the understanding of self and others. This course includes consideration of learning principles, personality, conflict and adjustment, tests and measurements, biological bases of behavior and group phenomena.

Prerequisite: READ 0098, unless exempt

## COURSE OBJECTIVES

This course is designed to provide a broad overview of the many topics that contribute to the umbrella term "Psychology." It is a fascinating array of topics, and I hope that you will learn a great deal about yourself as well as psychology by taking this class. One important theme that will be seen throughout the semester is the reliance on the scientific method and empirical study. A second important theme is that the brain is of key importance to everything that we experience. You should leave this class with knowledge that you can apply to your life.

## STUDENT LEARNING OUTCOMES

- Students will analyze social institutions, world religions, natural landscapes, or human behavior using appropriate disciplinary frameworks.
- Students will demonstrate an understanding of the major concepts and theoretical perspectives in psychology.
- Students will demonstrate an understanding of the historical trends in psychology.
- Students will demonstrate an understanding of the basic research methods in psychology, including research design, data analysis, and interpretation.

## COURSE WEBSITE

This class will use the Desire2Learn (D2L), aka GeorgiaView system for posting grades and announcements, and discussing course material (outside of class). Familiarity with the GeorgiaView software system is the responsibility of you, the student.

## LECTURES

Lecture outlines will be posted to GeorgiaView following class. Please take advantage of this resource as we have a lot of material to cover in this class, and studying these slides will benefit you on the exams. In addition, it is expected that you prepare for class by reading the assigned materials prior to the class session in which the topic will be covered in order to maximize the benefit of lectures and allow for productive class participation. Lectures are not a substitute for reading the materials.

## EVALUATION

Your grade will be calculated based on your effort on four exams, 10 reading guides and participation in class activities. What constitutes each of these is described below.

4 Exams at 120 points each, 10 chapter reading guides at 10 points each, and 10 in class activities at 10 points each. This is a total of 680 points for the course. If you earn between 609 and 680 points you will receive an A. If you earn between 540 and 608 points, you will receive a B. If you earn between 473 and 539 points you will receive a C. If you earn between 405 and 472 points you will receive a D. And if you earn 404 points or less you will receive a F. THESE CUTOFFS ARE REAL. Although a 472 is only one point below 473, it is still a D and not a C. Please do not ask for a point to receive a higher grade. Doing such would not be fair to everyone else in the course because if I gave you a point, I would have to give everyone a point. And doing that would render the scoring system useless.

## ASSIGNMENTS

### In Class Activities

This class will not be straight lecture; as such, there will be many types of activities that will be included in this aspect of your grade, including short essays/discussions and participation in activities related to the course material. In general, these activities will be graded on a completion basis, and your grade will be based on how many days you are present and participate in activities (which will depend on your class attendance—see below). For example, if you complete all activities, you will receive 100 points; if you complete 75% of the activities, you will receive 75 points, etc. If you miss class, you may make up the points if you can provide documentation of a college-excused and Liberal Arts excused absence (e.g., illness, death of family member, participating in an athletic event, etc.). It is strongly recommended that you attend all classes, and if you have to miss several classes, you may want to consider dropping the course.

### Chapter Reading Guides

Reading guides (multiple choice, true/false, short answer or fill in the blank format) will be assigned for 10 chapters. These handouts will be posted online through GeorgiaView and students are responsible for printing them out. All reading guides must be completed BEFORE class begins on the days that we start a new chapter. Students must bring their completed reading guide to class, you will have the first 5 minutes of class to get in your assigned groups and check each other's answers, and discuss which is the best answer. After discussing, you will be required to turn in one member's reading guide to represent your entire group. I will grade each groups for accuracy. Each reading guide will be worth 10 points. You will use your textbook to complete these handouts. The purpose of these reading guides is to reinforce your reading and to aid in preparing for class discussions and studying for exams.

### Exams

There will be 4 multiple-choice exams given throughout the semester. The exams evaluate your understanding of material presented in lectures, videos, class activities, and readings. Exam items will assess knowledge of terms, theories, and frameworks related to the field, but will also include applications of this knowledge to assess conceptual understanding. Content may include lecture material not covered by the book AND book material not covered in class. There will be up to 50 multiple choice questions. On exam days, you will first take the exam as an individual and have 45 minutes to complete. Once everyone has turned in their exam, you get in your assigned groups and retake the exam as a group during the remaining class time. Your individual exam is worth 100 pts and the group exam (although it is the same amount of questions) is worth 20 pts. Your total grade will incorporate both your individual and group grade for a total of 120 possible points. Students who miss exam day, will not be able to participate in the group exam, and their individual exam will be adjusted to account for the entire 120 pts.

The final exam is not cumulative and will only cover the material discussed after the third test.

## EXAM POLICIES

1. All make-up exams must be taken within one week of the original exam date. Make-up exams are only given for excused absences. You should notify me by email me within 24 hours of the original exam time to schedule a make-up time.
2. If you are so late for an exam that another student has completed the exam and left the classroom, you will not be permitted to start the exam, unless you are late because of extenuating circumstances.
3. Finally, cheating will not be tolerated in this class. Any person found cheating will receive an “F” for the course as well as be reported to the Vice President for Enrollment Services and Student Affairs for further action. Put all technology away during exams; if you have it out, I will assume you are planning to cheat, and you will be reported.

## ATTENDANCE

It is very important that you attend every class period. You will be responsible for material discussed in class, which will not always be identical to the textbook. Attendance will be assessed by participation in in-class activities, as described above. Each class period I will pass around a roll sheet to record who is present at the time of activities. Thus, if you are not in class during the time activities are handed out, then you will be counted as absent—this applies even if you are late to class. I also plan to memorize every student’s name, and at that point I will be able to quickly take roll without passing around a roll sheet. Please notify me as soon as possible (or in advance) if you will be missing class or need to leave early. If your absence is excused you will be offered a make-up assignment to complete within a reasonable amount of time, to account for your missed participation points.

## EXTRA CREDIT

Extra credit opportunities will be announced in class, so if you are not present when an opportunity is announced, you may miss out on it. Please note that there will be no extra credit given on an individual basis, so please do NOT ask!

## COMMUNICATION

The best way to get in touch with me is to come up after class and see me. This is also the best way to make an appointment with me. In addition, I hope each of you will visit me at least once during my office hours this semester. When emailing, please adhere to these two basic policies: First, use my DSC email address, NOT GeorgiaView/D2L. I don’t want to have to keep track of email from different places, so if

you email me through D2L, I will not respond. Additionally, be sure to use GOOD EMAIL ETIQUETTE, and give me at least 24hrs to respond. Therefore, do not email at midnight the night before an exam with a question about the material and expect a reply. I am a wife and mother, and I spend my evenings in those roles.

Aside from in class announcements, there are times I will need to distribute information to all students. Emails are not sent out for entertainment. It is very important that you read all emails from me.

## OTHER SPECIFIC COURSE RELATED POLICIES

- Complete assigned readings as scheduled. The majority of reading in this course will come from the textbook; however, I may occasionally provide you with supplemental reading material.
- I expect participation in class activities and discussions. I welcome appropriate comments and questions. However, disrespect for others' opinions and ideas will not be tolerated.
- If you are having difficulty with any aspects of the course, see me as soon as possible. Students can come to office hours, set up an appointment, or email me.
- If you miss class, you are still responsible for the material covered that day in class and assignments/activities given out that day. When you miss class, it is up to you to get the notes and handouts from another student. I will not go over my lectures for individual students.
- You are expected to arrive on time for class. If you are late, enter the classroom quietly and find a seat quickly. If you must leave class early, please find a seat close to an exit so that you may leave without disturbing the class.
- Technology: You will learn more in class if you give it your fullest attention—research on divided attention shows that we learn more when we don't multi-task! When you are in class, please make sure that your phones are muted or turned off, and keep them in your bag/pocket. If I notice repeated instances of texting or looking at phones during class time, you may be asked to leave the class that day.
- You are expected to conduct yourself in an appropriate manner, respecting the rights of your professor and fellow students. Disruptions are not conducive to the learning process of your fellow classmates, and they impede my ability to cover the material in an efficient manner.
- All blatant actions of disrespect will lead to the individual responsible being asked to leave the classroom. Please be respectful of your fellow students.
- Some of the topics we discuss in this class are sensitive by nature, so please be respectful of any comments or discussions brought up by fellow classmates.

- Counseling Services: This is an academic class and not meant as a substitute for therapy. Students who are seeking personal psychological help may contact the Dalton State Counseling Services through the following link: <http://libguides.daltonstate.edu/Counseling>

## EMERGENCY INSTRUCTIONAL PLAN

In the event campus is closed due to inclement weather, and this class is canceled, please check your emails. I will email the class with instructions for an appropriate assignment to make up for the missed class time. You are responsible for being able to check your email and log in to GeorgiaVlew to complete any make up work I may assign.

## COURSE CALENDAR

### **WEEK 1, AUGUST 14<sup>TH</sup> & AUGUST 16<sup>TH</sup>**

August 14<sup>th</sup>, Course Syllabus

August 16<sup>th</sup>, Intro to Psychology, Chapter 1

### **WEEK 2, AUGUST 21<sup>TH</sup> & AUGUST 23<sup>ND</sup>**

August 21<sup>st</sup>, Intro to Psychology, Chapter 1, **Reading Guide Due**

August 23<sup>rd</sup>, Psychological Research, Chapter 2, **Reading Guide Due**

### **WEEK 3, AUGUST 28<sup>TH</sup> & 30<sup>TH</sup>**

August 28<sup>th</sup>, Psychological Research, Chapter 2

August 30<sup>th</sup>, Memory, Chapter 8, **Reading Guide Due**

### **WEEK 4, SEPTEMBER 4<sup>RD</sup> & SEPTEMBER 6<sup>TH</sup>**

September 4<sup>th</sup>, Memory, Chapter 8

September 6<sup>th</sup>, Sleep, Chapter 4

### **WEEK 5, SEPTEMBER 11<sup>TH</sup> & SEPTEMBER 13<sup>TH</sup>**

September 11<sup>th</sup>, EXAM DAY, Chapters 1, 2, 8 & 4

September 13<sup>th</sup>, Biopsychology, Chapter 3, **Reading Guide Due**

### **WEEK 6, SEPTEMBER 18<sup>TH</sup> & SEPTEMBER 20<sup>TH</sup>**

September 18<sup>th</sup>, Biopsychology, Chapter 3

September 20<sup>th</sup>, Biopsychology, Chapter 3

### **WEEK 7, SEPTEMBER 25<sup>TH</sup> & SEPTEMBER 27<sup>TH</sup>**

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September 25<sup>th</sup>, Sensation and Perception, Chapter 5, **Reading Guide Due**

September 27<sup>th</sup>, Sensation and Perception, Chapter 5

**WEEK 8, OCTOBER 2ND & OCTOBER 4TH**

October 2nd, Sensation and Perception, Chapter 5

October 4th, Motivation, Chapter 10, **Reading Guide Due**

**WEEK 9, OCTOBER 9<sup>TH</sup> & OCTOBER 11<sup>TH</sup>**

October 8<sup>th</sup>, NO CLASS, FALL BREAK

October 10<sup>th</sup>, EXAM DAY, Chapters 3, 5 & 10

**WEEK 10, OCTOBER 16<sup>TH</sup> & OCTOBER 18<sup>TH</sup>**

October 16<sup>th</sup>, Development, Chapter 9, **Reading Guide Due**

October 18<sup>th</sup>, Development, Chapter 9

**WEEK 11, OCTOBER 23<sup>RD</sup> & OCTOBER 25<sup>TH</sup>**

October 23<sup>rd</sup>, Development, Chapter 9

October 25<sup>th</sup>, Learning, Chapter 6, **Reading Guide Due**

**WEEK 12, OCTOBER 30<sup>TH</sup> & NOVEMBER 1<sup>ST</sup>**

October 29<sup>th</sup>, Learning, Chapter 6

November 1<sup>st</sup>, Stress, Chapter 14

**WEEK 13, NOVEMBER 6<sup>TH</sup> & NOVEMBER 8<sup>TH</sup>**

November 6<sup>th</sup>, EXAM DAY, Chapters 9, 6 & 14

November 8<sup>th</sup>, Personality, Chapter 11, **Reading Guide Due**

**WEEK 14, NOVEMBER 13<sup>TH</sup> & NOVEMBER 15<sup>TH</sup>**

November 13<sup>th</sup>, Personality, Chapter 11

November 15<sup>th</sup>, Psychological Disorders, Chapter 15, **Reading Guide Due**

**WEEK 15, NOVEMBER 20<sup>TH</sup> & NOVEMBER 22<sup>ND</sup>**

November 20th, Psychological Disorders, Chapter 15

November 22<sup>nd</sup>, NO CLASS, Thanksgiving Break

**WEEK 16, NOVEMBER 27<sup>TH</sup> & NOVEMBER 29<sup>TH</sup>**

November 27<sup>th</sup>, Psychological Disorders, Chapter 15

November 29<sup>th</sup>, Therapy, Chapter 16

#### **DATE AND TIME OF FINAL EXAM**

December 4<sup>th</sup> at 10:30 am, Exam 4, Chapters 11, 15 and 16

## **CAMPUS POLICIES AND PROCEDURES**

### **CARE TEAM**

(Last Modified May 2018)

The Campus Assessment, Response, and Evaluation Team, also known as CARE, at Dalton State College engages in proactive and collaborative approaches to identify, assess, and mitigate potential risks associated with members of the campus who exhibit concerning or unusual behaviors. Report a concern through the [CARE Reporting Form](#)<sup>i</sup>. Should you have questions, contact the Dean of Students' Office at 706.272.4428.

### **DISABILITY ACCESS**

(From [Disability Access](#)<sup>ii</sup> website)

Students with disabilities or special needs are encouraged to contact Disability Access. In order to make an appointment or to obtain information on the process for qualifying for accommodations, the student should visit the [Disability Access Library Guide](#)<sup>iii</sup> or contact the Disability Access office.

#### **Contact information**

Andrea Roberson, Associate Director of Disability Access and Student Support Services  
Pope Student Center, upper level  
706-272-2524  
[aroberson@daltonstate.edu](mailto:aroberson@daltonstate.edu)

### **ETHICAL CONDUCT**

(Last Modified May 2018)

*Academic Dishonesty* Cheating and plagiarism are a part of the Dalton State Student Code of Conduct, which can be found in its most updated form at [Dalton State Student Code of Conduct](#).<sup>iv</sup> ANY assistance provided or given in any way toward work in a class constitutes cheating, unless such behavior is authorized by your instructor. Additionally, any use of the ideas or words of others should be noted, or this will constitute plagiarism. Using another students' work or collaborating on an assignment not designated as collaborative is unacceptable. Furthermore, presenting work that was completed for another class, while not plagiarism technically, is not the same as presenting original work, and is therefore unacceptable unless it has been authorized by your instructor. For more details on what Dalton State considers to be Academic Dishonesty, please review the Student Code of Conduct. Instructors will

assign grades based on classroom performance. Additional sanctions may be provided as a learning experience from the Student Conduct process.

*Classroom Behavior* Dalton State is committed to respect via the Roadrunner Respect pledge. To learn more, please visit [Roadrunner Respect](#).<sup>v</sup> “I pledge to show my fellow Roadrunner students, faculty, staff, and administration respect by treating others the way they want to be treated and by thinking about others first before making decisions that might affect them.”

## **COURSE WITHDRAWAL STATEMENT**

(Last Modified May 2018)

The last day to drop this class without penalty (a W or a required signature) is October 19<sup>th</sup>, 2018. If you complete the proper paperwork to drop the course by this date, you will be assigned a grade of W. After this date, withdrawal without penalty is permitted only in cases of [Extreme Hardship](#)<sup>vi</sup> as determined by the Vice President for Academic Affairs; otherwise a grade of WF will be issued. Students who fail to complete the official drop/withdrawal procedure will receive the grade of F. Withdrawal from class is a student responsibility. The grade of W counts as hours attempted for the purposes of financial aid.

## **FULL WITHDRAWAL STATEMENT**

(Last Modified May 2018)

The proper form for withdrawing from all classes at the college after the official drop/add period but before the published withdrawal date ([Academic Campus Calendar](#)<sup>vii</sup>) is the [Schedule Adjustment Form](#)<sup>viii</sup>. All students must meet with a staff member at the Dean of Students office in the upper-level of the Pope Student Center to initiate the withdrawal process and complete an exit interview. After meeting with the staff member, students will then finalize the withdrawal process in the Enrollment Services Office.

## **GRADE APPEALS**

(Last Modified May 2018)

A student may file a formal challenge to a grade if there is unequivocal evidence that one or more of the following applies:

- a) It was a direct result of arbitrary and capricious conduct on the part of the instructor;
- b) The instructor discriminated against the student on the basis of a protected classification as the term is defined by Federal Law, Georgia State Law, or the Administrative Code of the City of Dalton;
- c) The grade was incorrectly calculated;
- d) A clerical error occurred in recording the grade; or
- e) A mitigating circumstance prevented the student from completing a final assignment or attending the final exam.

To appeal a grade, the student must notify the instructor in writing no later than two days after the posting of final grades. See [Grade Changes and Appeals](#)<sup>ix</sup> for the complete documentation.

## ACADEMIC PROGRESSION

(Last Modified May 2018)

To remain in academically good standing, students must maintain an institutional GPA of 2.0 or higher. Students who do not maintain a 2.0 move through a sequence of statuses ranging from Academic Warning to Academic Probation to Academic Suspension to Academic Dismissal. See [Academic Progress](#)<sup>x</sup> for the complete documentation.

## TITLE IX INFORMATION

[Student Sexual Misconduct Policy](#)<sup>xi</sup>

(Last Modified May 2018)

In accordance with Title IX of the Education Amendments of 1972 (“Title IX”), the University System of Georgia (USG) does not discriminate on the basis of sex in any of its education programs or activities or in employment. The USG is committed to ensuring a safe learning and working environment for all members of the USG community. To that end, this Policy prohibits sexual misconduct, as defined herein.

Please visit the [Title IX at Dalton State web page](#)<sup>xii</sup> for additional information on the [policy](#)<sup>xiii</sup>, [How to Report](#)<sup>xiv</sup>, [Resources](#)<sup>xv</sup>, and [Campus Programs](#)<sup>xvi</sup>.

## House Bill 280

(Last Modified May 2018)

[House Bill 280](#)<sup>xvii</sup> commonly known as the “campus carry” legislation, is effective as of July 1, 2017.

## OFFICIALLY APPROVED DSC GROUPS AND ACTIVITIES

(Last Modified May 2018)

When students are engaged in officially approved Dalton State groups or activities that require them to participate in events off campus during school days, they shall be treated similarly to any faculty or staff member acting in that same capacity. Thus, just as faculty and staff have excused absences from their regular work schedules, students shall be excused from class without penalty if they are off campus representing Dalton State College in an approved, official capacity during their regular class time. Examples include presenting a paper or otherwise participating in a conference, attending a University System student affairs event, participating in intercollegiate competition (athletic or academic), participating in an approved field trip, etc. Just as faculty and staff members are required to submit Request to Travel forms for approval, in order to be excused, the student needs to provide the following information to the instructor prior to the date when he/she will be absent from class:

- notification of the event (in the case of athletics, students should provide each instructor a schedule of away events at the beginning of the semester or as soon as possible after the schedule is available);
- estimated time of departure from and return to campus (for example, if a student has an away game in the evening and will not be leaving campus until 3:00, he/she will not be excused from classes prior to that time on that day; similarly, if the event is in the morning and the student will be returning to campus during the day, he/she is expected to attend any class scheduled after the return trip); and
- contact information for the person or organization sponsoring/authorizing the student's participation in the event

The student shall be allowed to make up any work missed during the time he/she is off campus representing DSC in an official capacity. He/she shall discuss what will be missed with the instructor and make arrangements to make up any assignments, tests, presentations, etc. scheduled on that date.

## **COLLEGE OF LIBERAL ARTS ATTENDANCE POLICY**

(Last modified August 2018)

The School of Liberal Arts allows for excused absences beyond the college-mandated excused absences (for class activities, sports, and RSO activities), including: medical issues and emergencies, court activities, and military activities. Faculty members are encouraged to use discretion in documentation requirements and allow, for example, a limited number of self-documentations from a student before requiring a specific medical excuse. It is up to students to provide the appropriate documentation to the faculty member. That documentation might be a sports schedule, an email from an instructor that there is a class field trip, an email from the student that he/she is taking care of a sick child, an email from a student that he/she is sick enough to stay home but not sick enough to see a doctor, or a note from a medical professional that the student needed to miss class for medical reasons, etc. The faculty member will decide the appropriate time frame to allow missed work to be made up following an excused absence; this time frame must be at least 1 week after the student returns to class

## FULL URL LINKS

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- i **CARE Reporting Form:** [https://cm.maxient.com/reportingform.php?DaltonStateCollege&layout\\_id=1](https://cm.maxient.com/reportingform.php?DaltonStateCollege&layout_id=1)
- ii **Disability Access:** <http://libguides.daltonstate.edu/c.php?g=24716&p=149667>
- iii **Disability Access Library Guide:** <http://libguides.daltonstate.edu/c.php?g=24716&p=149663>
- iv **Dalton State Student Code of Conduct:** [https://www.daltonstate.edu/campus\\_life/code-of-conduct.cms](https://www.daltonstate.edu/campus_life/code-of-conduct.cms)
- v **Roadrunner Respect:** [https://www.daltonstate.edu/campus\\_life/respect-photo-gallery.cms](https://www.daltonstate.edu/campus_life/respect-photo-gallery.cms)
- vi **Extreme Hardship:**  
<https://www.daltonstate.edu/skins/userfiles/files/DSC%20website%20landing%20page%20information.pdf>
- vii **Academic Campus Calendar:** <https://www.daltonstate.edu/about/calendars.cms>
- viii **Scheduled Adjustment Form:** <https://www.daltonstate.edu/skins/userfiles/files/schedule-adjustment-form.pdf>
- ix **Grade Appeals:** [https://libguides.daltonstate.edu/ld.php?content\\_id=42740257](https://libguides.daltonstate.edu/ld.php?content_id=42740257)
- x **Academic Progression:** [https://libguides.daltonstate.edu/ld.php?content\\_id=42740270](https://libguides.daltonstate.edu/ld.php?content_id=42740270)
- xi **Student Sexual Misconduct Policy:** <http://www.usg.edu/policymanual/section4/policy/C327/>
- xii **Title IX at Dalton State web page:** <https://www.daltonstate.edu/about/title-ix.cms>
- xiii **Title IX Policy:** <https://www.daltonstate.edu/about/title-iv-policy.cms>
- xiv **Title IX How to Report:** <https://www.daltonstate.edu/about/title-ix-report.cms>
- xv **Title IX Resources:** <https://www.daltonstate.edu/about/title-ix-campus-community-resources.cms>
- xvi **Title IX Campus Programs:** <https://www.daltonstate.edu/about/title-ix-campus-community-resources.cms>
- xvii **House Bill 280:** <http://www.usg.edu/hb280>