

PSYC1101 Elementary Psychology

Spring 2016 Course Schedule

COURSE DESCRIPTION:

This course will cover the basics of psychology. During this course you will learn about the methods that psychological researchers use to gather information on the ways we think, feel, and act. You will also learn about theories and research in a variety of areas within the broad field of psychology. Topics will include scientific methods, biological psychology, sensation and perception, human development, consciousness, social behavior, and psychological disorders, among others.

COURSE FORMAT:

Flipped Class Structure: This semester our course will primarily have a “flipped” class format, which is rather unique among large section lecture courses and may be different from your expectations. In a traditional lecture course, students typically first encounter the course content in class when their teacher lectures on the material. Then they may work outside of class to complete homework assignments applying the material they learned during lecture. Finally, they take exams over the content. In a “flipped” course, this format is flipped. So, students first encounter the course content outside of class, usually through readings or short videos. Then they work inside of class to complete class activities and assignments applying the material they learned in the readings/videos. This allows students to work with their classmates and their instructor during class to apply the new concepts they are learning, instead of leaving students to do this (sometimes more difficult) work on their own. Finally, in addition to regular exams, students are quizzed much more frequently over the material, encouraging them to actually do the readings, spread out their studying instead of “cramming”, and practicing with the material before the exams. So, while I will lecture occasionally, you should be prepared to participate in class activities on most class days. I hope that this course format will not only help to improve your grades and your retention of the material, but also lead to a more fun, engaging, and meaningful class experience.

Group Work: While some of the work you complete in class will be individual, you will spend much of the semester working in groups. These groups will be randomly assigned during the 2nd week of classes and will also be given assigned seats. This will give you a chance to get to know a few of your classmates well and to practice working with diverse people. **Group assignments are RANDOM and FINAL** – you cannot change your group or choose your own members. At the end of the semester **every student will have a chance to grade their group members** on their contributions to group activities. **This grade will be factored into your Class Participation grade**, so it is in your best interest to come to class prepared and to work well with your group members. More details on group assignments and grading your group members will be given later in the semester.

Tentative Course Schedule

Changes to this schedule will be announced in class and/or on eLC.

Date	Topic	To Do Before Class
1/11 (Drop/ Add)	Intro to Course	
1/13 (Drop/ Add)	Ch 1: Intro to Psychology	Read Syllabus, Ch 1-1, RP Guide http://cnx.org/contents/Sr8Ev5Og@5.45:6HoLG-TA@5/Introduction http://cnx.org/contents/Sr8Ev5Og@5.45:-JmAXPOj@4/What-Is-Psychology
1/15 (Drop/ Add)	Ch 1: Intro to Psychology	Read Ch 1-2, 1-3, 1-4 http://cnx.org/contents/Sr8Ev5Og@5.45:1AYBvVZM@5/History-of-Psychology http://cnx.org/contents/Sr8Ev5Og@5.45:tEHxTRok@5/Contemporary-Psychology http://cnx.org/contents/Sr8Ev5Og@5.45:tEHxTRok@5/Contemporary-Psychology
1/18	MLK Day – No Classes!	
1/20	Group Assignment Day	Register Clicker, Find Group/Seat
1/22	Ch 2: Psych Research	Read 2-1, 2-2 http://cnx.org/contents/Sr8Ev5Og@5.45:OKvTPo6D@4/Introduction http://cnx.org/contents/Sr8Ev5Og@5.45:Hp5zMFYB@9/Why-Is-Research-Important http://cnx.org/contents/Sr8Ev5Og@5.45:iMyFZJzg@5/Approaches-to-Research
1/25	Ch 2: Psych Research	Read 2-4, Post Group Data http://cnx.org/contents/Sr8Ev5Og@5.45:WYtG17tH@7/Ethics
1/27	Ch 2: Psych Research	Read 2-3, Online Practice http://cnx.org/contents/Sr8Ev5Og@5.45:mfArybye@7/Analyzing-Findings
1/29	Ch 2: Research, Module 1 Review	
2/1	Module 1 Exam	
2/3	Ch 8: Memory	Read 8-1 http://cnx.org/contents/Sr8Ev5Og@5.45:m3fzcXQd@4/Introduction

		http://cnx.org/contents/Sr8Ev5Og@5.45:-RwqQWzt@6/How-Memory-Functions
2/5	TBA	TBA
2/8	Ch 8: Memory	Read 8-2, 8-3 http://cnx.org/contents/Sr8Ev5Og@5.45:Lbm_tyot@7/Parts-of-the-Brain-Involved-wi http://cnx.org/contents/Sr8Ev5Og@5.45:I97J3Te3@7/Problems-with-Memory
2/10	Ch 8: Memory	Read 8-4, Watch Videos, Study Plan http://cnx.org/contents/Sr8Ev5Og@5.45:FI0Dk4wx@5/Ways-to-Enhance-Memory
2/12	Ch 6: Learning	Read 6-1, 6-2 http://cnx.org/contents/Sr8Ev5Og@5.45:Nc0-RFXN@4/Introduction http://cnx.org/contents/Sr8Ev5Og@5.45:QNYXkiP7@5/What-Is-Learning http://cnx.org/contents/Sr8Ev5Og@5.45:hSW_wIIP@6/Classical-Conditioning
2/15	Ch 6: Learning	Read 6-3, 6-4 http://cnx.org/contents/Sr8Ev5Og@5.45:r470BCFb@7/Operant-Conditioning http://cnx.org/contents/Sr8Ev5Og@5.45:tQQ_5rRh@5/Observational-Learning-Modelin
2/17	Ch 7: Thinking and Intelligence	Read 7-1, 7-3 http://cnx.org/contents/Sr8Ev5Og@5.45:3DToXBfK@4/Introduction http://cnx.org/contents/Sr8Ev5Og@5.45:u8MIFxBQ@7/What-Is-Cognition http://cnx.org/contents/Sr8Ev5Og@5.45:Lk3YnvuC@6/Problem-Solving
2/19	Module 2 Review	
2/22	Module 2 Exam	
2/24	Ch 3: Biopsychology	Read 3-2, 3-3

		http://cnx.org/contents/Sr8Ev5Og@5.45:eJGkJf3W@4/Introduction http://cnx.org/contents/Sr8Ev5Og@5.45:SO2ufnKm@7/Cells-of-the-Nervous-System http://cnx.org/contents/Sr8Ev5Og@5.45:-xs7Ve8V@6/Parts-of-the-Nervous-System
2/26	Ch 3: Biopsychology	Read 3-4, 3-5 http://cnx.org/contents/Sr8Ev5Og@5.45:Io4zP0c@7/The-Brain-and-Spinal-Cord http://cnx.org/contents/Sr8Ev5Og@5.45:34oFmAxl@6/The-Endocrine-System
2/29	Ch 4: States of Consciousness	Read 4-1, 4-2, 4-3, 4-4 http://cnx.org/contents/Sr8Ev5Og@5.45:zywvQOJS@5/Introduction http://cnx.org/contents/Sr8Ev5Og@5.45:tefy7E6c@6/What-Is-Consciousness http://cnx.org/contents/Sr8Ev5Og@5.45:HBTK06bf@7/Sleep-and-Why-We-Sleep http://cnx.org/contents/Sr8Ev5Og@5.45:G4i0FY3z@5/Stages-of-Sleep http://cnx.org/contents/Sr8Ev5Og@5.45:Mq2OJ5oK@6/Sleep-Problems-and-Disorders
3/2	Ch 4: States of Consciousness	Read 4-5, 4-6, drug article http://cnx.org/contents/Sr8Ev5Og@5.45:fOU1RGxh@6/Substance-Use-and-Abuse http://cnx.org/contents/Sr8Ev5Og@5.45:-J7Q2uv1@6/Other-States-of-Consciousness
3/4	Ch 5: Sensation and Perception	Read 5-1, 5-3, 5-4, 5-5 http://cnx.org/contents/Sr8Ev5Og@5.45:SPm67RdT@6/Introduction http://cnx.org/contents/Sr8Ev5Og@5.45:E-7sLQFP@5/Vision http://cnx.org/contents/Sr8Ev5Og@5.45:OnKfpXqb@5/Hearing http://cnx.org/contents/Sr8Ev5Og@5.45:Nw9FOKLs@5/The-Other-Senses
3/7-3/11	Spring Break – No Classes!	

3/14	Ch 5: Sensation and Perception	
3/16	Module 3 Review	
3/18	Module 3 Exam	
3/21	Ch 9: Lifespan Development	<p>Read 9-1, 9-2</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:Sb3wIXEi@4/Introduction</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:-4PGiivG@5/What-Is-Lifespan-Development</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:Edod3POm@5/Lifespan-Theories</p>
3/22	Withdrawal Deadline	
3/23	Ch 9: Lifespan Development	<p>Read 9-3, 9-4</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:b7opmCF3@6/Stages-of-Development</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:-GpbLKRd@5/Death-and-Dying</p>
3/25	Ch 10: Emotion and Motivation	<p>Read 10-1, 10-3</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:UQgvP5NH@4/Introduction</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:MLADqXMi@5/Motivation</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:tyvP_PNi@5/Sexual-Behavior</p>
3/28	Ch 10: Emotion and Motivation	<p>Read 10-4</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:CWNu_F9w@6/Emotion</p>
3/30	Ch 11: Personality	<p>Read 11-1, 11-2</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:X7Iiv6fX@5/Introduction</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:YJjSZ1SS@5/What-Is-Personality</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:KuB6N-0u@5/Freud-and-the-Psychodynamic-Pe</p>
4/1	Ch 11: Personality	Read 11-4, 11-7, 11-9

		http://cnx.org/contents/Sr8Ev5Og@5.45:bT_lgg6S@5/Learning-Approaches http://cnx.org/contents/Sr8Ev5Og@5.45:Vqapzwst@4/Trait-Theorists http://cnx.org/contents/Sr8Ev5Og@5.45:Lsg7ohsh@4/Personality-Assessment
4/4	Ch 12: Social Psychology	Read 12-1, 12-2 http://cnx.org/contents/Sr8Ev5Og@5.45:CPgnr15T@4/Introduction http://cnx.org/contents/Sr8Ev5Og@5.45:hWoXet6K@5/What-Is-Social-Psychology http://cnx.org/contents/Sr8Ev5Og@5.45:o-J4fhDB@5/Self-presentation
4/6	Ch 12: Social Psychology	Read 12-3, 12-4 http://cnx.org/contents/Sr8Ev5Og@5.45:MBKbyrYC@6/Attitudes-and-Persuasion http://cnx.org/contents/Sr8Ev5Og@5.45:-A77Qv6j@6/Conformity-Compliance-and-Obed
4/8	Ch 12: Social Psychology	Read 12-5, 12-6, 12-7 http://cnx.org/contents/Sr8Ev5Og@5.45:nhpI4cUs@6/Prejudice-and-Discrimination http://cnx.org/contents/Sr8Ev5Og@5.45:A80TvPKV@5/Aggression http://cnx.org/contents/Sr8Ev5Og@5.45:QoyK23PR@5/Prosocial-Behavior
4/11	Module 4 Review	
4/13	Module 4 Exam	
4/15	Ch 14: Stress, Lifestyle, & Health	Read 14-1, 14-2, 14-4 http://cnx.org/contents/Sr8Ev5Og@5.45:oEYbq2uU@4/Introduction http://cnx.org/contents/Sr8Ev5Og@5.45:pynP3PIL@6/What-Is-Stress http://cnx.org/contents/Sr8Ev5Og@5.45:4fs2U_wP@5/Stressors http://cnx.org/contents/Sr8Ev5Og@5.45:SKxuu1TI@5/Regulation-of-Stress

4/18	Ch 15: Psychological Disorders	<p>Read 15-1, 15-2, 15-3, 15-4</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:LMdT4sx_@5/Introduction</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:Bs2Gth4o@5/What-Are-Psychological-Disorde</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:a0DgbqZ1@5/Diagnosing-and-Classifying-Psy</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:XTIbMdQ@5/Perspectives-on-Psychological-</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:WX7bAjmF@5/Anxiety-Disorders</p>
4/20	Ch 15: Psychological Disorders	<p>Read 15-5, 15-6, 15-7</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:pF7vWNBy@5/Obsessive-Compulsive-and-Relat</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:unjXeB6F@5/Posttraumatic-Stress-Disorder</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:e4xKX_VU@5/Mood-Disorders</p>
4/22	Ch 15: Psychological Disorders	<p>Read 15-8, 15-9, 15-11</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:gGD_wNTe@5/Schizophrenia</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:xK72Td1i@5/Dissociative-Disorders</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:uASZ6djG@5/Disorders-in-Childhood</p>
4/25	Ch 16: Therapy and Treatment	<p>Read 16-1, 16-2, 16-3</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:quO6dhNg@4/Introduction</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:Fa0iWQ2e@5/Mental-Health-Treatment-Past-a</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:N8Hjdi5h@7/Types-of-Treatment</p> <p>http://cnx.org/contents/Sr8Ev5Og@5.45:CVPTyhFg@6/Treatment-Modalities</p>
4/27	Module 5 Review	
4/29	Module 5 Exam	
5/2	Course/Final Exam Review	

5/4 12- 3pm	Cumulative Final Exam	
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Please note: The course syllabus is a general plan for the course; deviations announced to the class by the instructor may be necessary.