Instructor: Yangyang Deng  
Office: Ramsey 316  
Office Hours: MW 9am-10am or by appointment  
Email: yd97674@uga.edu  
Preferred Method of Communication: UGA email  
Required textbook: Online and linked via eLC

Course Description: Instruction, practice of skills and strategy in Golf, and acquisition of fitness knowledge.

Beginning Golf is designed to teach golf to diversity learners from a variety of golf backgrounds, ranging from no previous golf experience to playing on a high school golf team. Physical activity is a large part of this course, and students will be expected to participate in moderate (to vigorous activity) as part of the course requirements.

Course Objectives: Upon successful completion of this course:
- Students will demonstrate a basic knowledge of the rules, fundamental skills of Golf
- Students will gain an appreciation for Golf as a way to exercise and improve overall health in life
- Students will understand the importance of physical activity as it relates to a healthy lifestyle
- Students will also demonstrate their basic knowledge of fitness and course related topics
- Students will design a personal exercise program based on the assessment of their fitness, individual needs and interests

The ultimate purpose of this course is to graduate you from a lower level of physical activity to Level 5. If you feel you are already at Level 5, then we hope to come alongside you and diversify your experiences and knowledge of a particular physical activity.

LEVEL 1  Student has no or minimal past experiences with physical activity  
LEVEL 2  Student cognitively understands what it takes to perform a physical activity properly, and begins to show signs of physically performing the activity correctly  
LEVEL 3  Student begins to make connections with practice at the classroom level and attempts to transfer his/her skills outside the classroom, while adhering to the rules and traditions of the activity  
LEVEL 4  Student sees activity as a social activity, which can be engaged in with friends, family, or coworkers for recreational purposes  
LEVEL 5  Student views activity as a medium to ultimately enhance their level of physical activity, providing an opportunity to impact others and sustain a healthy level of exercise for the duration of his/her life

Required Attire and Equipment:
1. Appropriate golf attire is recommended, but not mandatory at the driving range. Appropriate golf attire would include a collared shirt, khaki pants/shorts/skirt, or casual dress pants.
2. Golf Shoes are highly recommended. If you do not have golf shoes, wear tennis shoes.
3. If you have your own golf clubs, bring them. Clubs are provided for those who don’t have golf clubs.
4. Students who fail to meet the attire requirements will be marked as not participating for that given class day, which results in points lost (see Participation Policy below)

Course Policies:
1. Students will abide by the standards as stated by the University Honor Code (see below) and Academic Honesty Policy. These standards can be found in A Culture of Honesty, the University’s policy and procedures for handling cases of suspected dishonesty. Detailed information can be viewed at http://www.uga.edu/honesty to help you understand how the term “academic dishonesty” is defined on this campus.

As a University of Georgia student, you have agreed to abide by the University’s academic honesty policy, “A Culture of Honesty,” and the Student Honor Code. All academic work must meet the standards described in “A Culture of Honesty” found at: www.uga.edu/honesty. Lack of knowledge of the academic honesty policy is not a reasonable explanation for a violation. Questions related to course assignments and the academic honesty policy should be directed to the instructor.

2. Full participation in physical activity is required (see Participation Policy below).
3. Students requesting accommodation(s) must first register with the Disability Resource Center (DRC). The DRC will provide documentation to the student, who must then provide this documentation to the instructor when requesting an accommodation. Students with documented disabilities that affects their ability to physically participate fully in the course or who require reasonable accommodations are encouraged to speak with the Basic PE Program Coordinator, so that appropriate accommodations can be arranged.

4. Students are responsible for the information provided in class along with the readings in eLC and/or supplemental resources. If you are absent when materials are distributed, it is your responsibility to obtain the information from another student.

5. Poor sportsmanship/inappropriate behavior, including the use of inappropriate language will not be tolerated. If this occurs, the student will be asked to leave, will be counted as absent, and will need to meet with the instructor. If the student refuses to leave, it is at the instructor’s discretion to reduce the student’s grade.

6. Class begins at 11:00am. If you arrive late to class, you must check in with the instructor to gain participation credit for that day. Being late results in a loss of participation points (see Participation policy).

7. Class Postponement: Due to the nature of Golf, being outside and weather being relevant, in the case in which class must be postponed, students will be notified at least 1 hour in advance of class via email.

8. Permission for physical contact – if useful for instructional purposes – will be obtained from the student.

9. For information on HB 280, please go to http://www.policies.uga.edu/FA/nodes/view/1263/Weapons-Prohibited-on-Campus

10. The course syllabus is a general plan for the course; deviations announced by the instructor may be necessary.

Course Requirements:
1. Students are required to use eLearning Commons (eLC) for this course. Syllabus, course information, course outline, clearance for safe exercise participation, and course content will be available through eLC. To access eLearning Commons you will need your UGA MyID, as well as a current password.

2. Students are required to complete the “Clearance for Exercise Participation” form before they can access the Course content on eLC. Students with prior medical conditions are required to also complete the waiver and/or physician’s clearance form (see instructor for additional information).

3. Students must complete and score at least 90% on the “Syllabus Quiz” before they can access the remainder of the course content. Students are also required to complete the conceptual component quizzes and must score 80% or better on these assessments to receive credit. Quizzes only become available once the corresponding module content has been visited. The due dates are posted in eLC, corresponding to each quiz, or you can check the schedule below.

4. The course consists of an activity component, conceptual component and assignments (specifically: physical participation, readings, quizzes and assignments). All updates or changes to the schedule will be posted on eLC. It is your responsibility to keep up with changes to assignments.

5. Readings, assessments and assignments are assigned throughout the session and due dates are posted on eLC. Late assignments will not receive any points. It is your responsibility to keep up with the due dates.

Grading
This course is graded as an “S” (Satisfactory) or “U” (Unsatisfactory). In order to determine what grade a student will be awarded, a percentage system will be used. In this pass/fail course, an overall of 80/100 is needed to pass (“S”) the course.

Various components determine a student’s final grade: (1) Activity component, (2) Conceptual component and (3) Application Assignments. Components are connected, and failing parts of one of the components could result in an “U”, or Unsatisfactory grade.
(1) **Activity Component – 50 points**  
See also Participation Policy  
Participation Points (in-class) - minimum of 1300 out of 1500 total minutes needed to pass  
A students will earn 0, 40 or 50 points based on their attendance and participation in class:  

- **50 points**  
  IF perfect participation (1500 minutes)  

- **40 points**  
  IF participation is 1300-1499 minutes  

- **0 points**  
  IF participation is 1299 minutes or less => cannot pass the course

(2) **Conceptual Component – 30 points**  

**You must score 90% or greater on the Syllabus Quiz to access the chapter reading links and quizzes**  
Syllabus Quiz is located in ‘Start Here’> Course Information in eLC  
DUE 8/19

Chapter readings and quizzes linked in eLC  
~ All quizzes are not be available until the chapters have been accessed

- **Ch. 1: ACTIVITY**  
  Activity Quiz  
  DUE Thursday 8/23  
  5 points*  

- **Ch. 2: RELEVANCE**  
  Relevance Quiz  
  DUE Thursday 8/30  
  5 points*  

- **Ch.3: HEALTHY LIFESTYLE**  
  Healthy Lifestyle Quiz  
  DUE Thursday 9/6  
  5 points*  

- **Ch.4: FITNESS**  
  Fitness Quiz  
  DUE Thursday 9/13  
  5 points*  

- **Ch.5: GOAL-SETTING**  
  Goal-Setting Quiz  
  DUE Thursday 9/20  
  5 points*  

- **Ch.6: NUTRITION**  
  Nutrition  
  DUE Thursday 9/27  
  5 points*

**EXTRA absence earned if Ch. 2-6 quizzes are ALL done by 8/30**

(3) **Application Assignments – 15 points**  
Application Assignments make a practical connection between the activity, and conceptual components  
A student must complete and submit evidence for **THREE application assignments**

Instructions to assignments are listed in Chapter 7 and linked in eLC

- **Ch.1 Activity Application**  
  DUE Sunday 10/14  
  5 points

- **Ch. 2-6 Application**  
  DUE Sunday 10/14  
  5 points

- **CH. 2-6 Application**  
  DUE Sunday 10/14  
  5 points

(4) **Course Requirement – 5 points**

To build a lifelong physical activity behavior, students need to design a model/plan that cooperate with all the knowledge and skills learn from Golf class to daily lives. Please submit the scanned model or PDF document to the designed drop box on eLC.  
DUE Monday 10/22  
5 points
(1) Participation Policy

Consistent and on-task participation in-class are vital factors of your final grade. Students accumulate the minutes that they are present and actively engaged in class. Students are responsible for keeping track of their participation. If a student wants to know how many classes s/he has missed, ask the instructor in class.

If a student always attends, participates in class and is on-task during class, the student will earn all 1500 minutes for participation and thus receives all 50 participation points.

If a student consistently attends, participates in class and is on-task during class for 1300-1500 minutes of the semester, the student will receive 40 participation points.

If a student misses more than 200 minutes and thus earns 1299 minutes or less, s/he cannot pass the course and will automatically receive a grade of Unsatisfactory.

Arriving to class on-time and staying in class until dismissal are also a part of your participation points.

If a student arrives to class between 5 and 15 minutes late, s/he will lose 25 points off of his/her Participation minutes.

Arriving over 15 min late or leaving more than 15 minutes early results in a loss of all the participation minutes for that day.

If a student is late more than 5 times, an additional 100 minutes will be deducted; s/he cannot pass the course and will automatically receive a grade of Unsatisfactory.

Students who engage in off-task behavior will also lose points from their participation grade each time an offense is seen because off-task behavior usually leads to safety issues and decreases the quality of participation for you and potentially for others. The following are examples of off-task behavior and the point deductions associated with each:

1. Student is consistently chatting without engagement in the task at hand (10 points)
2. Student is consistently on cell phone during class (20 points)
3. Student distracts other students, or is disruptive to those trying to learn (20 points)
4. Student comes to class with inappropriate attire (20 points)
5. Student engages in unsafe behavior intentionally, such as trying to strike a golf ball at another student, taking target practice at UGA Driving Range Facilities or employees picking up golf balls in tractor (30 points)
6. Student intentionally attempts to hit golf ball outside of driving range boundaries (30 points)
7. Student intentionally tries to tear up grounds at facility (includes slamming club into ground, taking full golf swings in inappropriate locations and tearing grass or greens) (30 points)

*The following statements provide the only excused reasons for not participating in class... Lapses in participation due to illness must be verified by a Physician, the Student Health Service, or by talking with the instructor and getting approval in advance. Family funerals will be excused with students informing the instructor via e-mail in advance of the funeral.*
**10 weeks**  
Instructor will still add Course Requirement!

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity In Class</th>
<th>Conceptual and Assignments</th>
<th>Due Dates (@11:59pm)</th>
</tr>
</thead>
</table>
| Week 1  
8/13-8/19 | ✓ Syllabus, procedures, ✓ Rules ✓ Tour the Range ✓ Golf Etiquette ✓ Safety | Complete Clearance to Exercise Quiz  
Read Syllabus and take Syllabus Quiz (need 90% to access remainder) | Sunday 8/19: Syllabus Quiz DUE |
| Week 2  
8/20-8/26 | ✓ Basic fundamentals ✓ Pre-Assessment of Skills | Read Chapter 1: Activity  
Complete Activity Quiz (need 80%) | Thursday 8/23: Activity Quiz DUE |
| Week 3  
8/27-9/2 | ✓ Driving Range Basics ✓ Explain common problems seen | EXTRA ABSENCE if all quizzes done by 8/30  
Read Chapter 2: Relevance  
Complete Relevance Quiz (need 80%)  
**9/3: Labor Day (no classes)** | Thursday 8/30: Relevance Quiz DUE |
| Week 4  
9/4-9/11 | ✓ Driving Range Basics ✓ Correct problems | Read Chapter 3: Healthy Lifestyle  
Complete Healthy Lifestyle Quiz (need 80%) | Thursday 9/6: Healthy Lifestyle Quiz DUE |
| Week 5  
9/12-9/17 | ✓ Work different irons into swing | Read Chapter 4: Fitness  
Complete Fitness Quiz (need 80%) | Thursday 9/13: Fitness Quiz DUE |
| Week 6  
9/18-9/24 | ✓ Putting | Read Chapter 5: Goal-Setting  
Complete Goal-Setting Quiz (need 80%) | Thursday 9/20: Goal-Setting Quiz DUE |
| Week 7  
9/25-10/1 | ✓ Drivers/Woods | Read Chapter 6: Nutrition  
Complete Nutrition Quiz (need 80%) | Thursday 9/27: Nutrition Quiz DUE |
| Week 8  
10/2-10/8 | ✓ Chipping ✓ Pitching | Read Chapter 7: Application Assignments | |
| Week 9  
10/9-10/15 | ✓ Assessment of student’s progress ✓ Competitions | Submit evidence for three application assignments | Sunday 10/14: THREE Application Assignments DUE |
| Week 10  
10/16-10/22 | ✓ Competitions | **10/17: Withdrawal deadline** | |

**Day | Activity In Class | Conceptual and Assignments | Due Dates (@11:59pm)**
Instructor: Eric Magrum  
Office: Ramsey 219  
Office Hours: T/TR 8:30-9:30am or by appointment  
Email: Magrum@uga.edu  
Preferred Method of Communication: UGA email  
Required textbook: Online and linked via eLC

When sending mail to my UGA email, please include the course name (Beginning Volleyball or PEDB 1380) and CRN (12498).

**Course Description:** Instruction, practice of skills and strategy in Volleyball, and acquisition of fitness knowledge.

*Beginning Volleyball* is designed to teach Volleyball to an array of learners from a variety of Volleyball backgrounds, ranging from no previous Volleyball experience to playing on a high school Volleyball team. Physical activity is a large part of this course, and students will be expected to participate in moderate (to vigorous activity) as part of the course requirements.

**Course Objectives:** Upon successful completion of this course:

- Students will demonstrate a basic knowledge of the rules, fundamental skills of Volleyball
- Students will gain an appreciation for Volleyball as a way to exercise and improve overall health in life
- Students will understand the importance of physical activity as it relates to a healthy lifestyle
- Students will also demonstrate their basic knowledge of fitness and course related topics
- Students will design a personal exercise program based on the assessment of their fitness, individual needs and interests

The ultimate *purpose of this course* is to graduate you from a lower level of physical activity to Level 5. If you feel you are already at Level 5, then we hope to come alongside you and diversify your experiences and knowledge of a particular physical activity.

<table>
<thead>
<tr>
<th>LEVEL 1</th>
<th>Student has no or minimal past experiences with physical activity</th>
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<td>Student views activity as a medium to ultimately enhance their level of physical activity, providing an opportunity to impact others and sustain a healthy level of exercise for the duration of his/her life</td>
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Required Attire and Equipment:
1. Appropriate Volleyball attire is recommended, and necessary while at the Volleyball courts. Appropriate Volleyball attire includes: Volleyball shoes, comfortable but not baggy clothing, clean socks etc.
2. Students who fail to meet the attire requirements will be marked as not participating for that given class day, which results in points lost (see Participation Policy below)
3. It is strongly suggested that students bring water bottles to class due to the potential of heat and dehydration during class.

Course Policies:
1. Students will abide by the standards as stated by the University Honor Code (see below) and Academic Honesty Policy. These standards can be found in A Culture of Honesty, the University’s policy and procedures for handling cases of suspected dishonesty. Detailed information can be viewed at http://www.uga.edu/honesty to help you understand how the term “academic dishonesty” is defined on this campus.

   As a University of Georgia student, you have agreed to abide by the University’s academic honesty policy, “A Culture of Honesty,” and the Student Honor Code. All academic work must meet the standards described in “A Culture of Honesty” found at: www.uga.edu/honesty. Lack of knowledge of the academic honesty policy is not a reasonable explanation for a violation. Questions related to course assignments and the academic honesty policy should be directed to the instructor.

2. Full participation in physical activity is required (see Participation Policy below).

3. Students requesting accommodation(s) must first register with the Disability Resource Center (DRC). The DRC will provide documentation to the student, who must then provide this documentation to the instructor when requesting an accommodation. Students with documented disabilities that affects their ability to physically participate fully in the course or who require reasonable accommodations are encouraged to speak with the Basic PE Program Coordinator, so that appropriate accommodations can be arranged.

4. Students are responsible for the information provided in class along with the readings in eLC and/or supplemental resources. If you are absent when materials are distributed, it is your responsibility to obtain the information from another student.

5. Poor sportsmanship/inappropriate behavior, including the use of inappropriate language will not be tolerated. If this occurs, the student will be asked to leave, will be counted as absent, and will need to meet with the instructor. If the student refuses to leave, it is at the instructor’s discretion to reduce the student’s grade.

6. Class begins promptly at 12:20pm. If you arrive late to class, you must check in with the instructor to gain participation credit for that day. Being late results in a loss of participation points (see Participation policy)

7. Limited physical contact may be required for instructional purposes. In such case, the instructor will ask and receive permission from the student if the instructor can have such limited physical contact necessary to provide the instruction.
8. For information on HB 280, please go to http://www.policies.uga.edu/FA/nodes/view/1263/Weapons-Prohibited-on-Campus

9. The course syllabus is a general plan for the course; deviations announced by the instructor may be necessary.

Course Requirements:
1. Students are required to use eLearning Commons (eLC) for this course. Syllabus, course information, course outline, clearance for safe exercise participation, and course content will be available through eLC. To access eLearning Commons you will need your UGA MyID, as well as a current password.

2. Students are required to complete the “Clearance for Exercise Participation” form before they can access the Course content on eLC. Students with prior medical conditions are required to also complete the waiver and/or physician’s clearance form (see instructor for additional information).

3. Students must complete and score at least 90% on the “Syllabus Quiz” before they can access the remainder of the course content. Students are also required to complete the conceptual component quizzes and must score 80% or better on these assessments to receive credit. Quizzes only become available once the corresponding module content has been visited. The due dates are posted in eLC, corresponding to each quiz, or you can check the schedule below.

4. The course consists of an activity component, conceptual component and assignments (specifically: physical participation, readings, quizzes and assignments). All updates or changes to the schedule will be posted on eLC. It is your responsibility to keep up with changes to assignments.

5. Readings, assessments and assignments are assigned throughout the session and due dates are posted on eLC. Late assignments will not receive any points. It is your responsibility to keep up with the due dates.

Grading
This course is graded as an “S” (Satisfactory) or “U” (Unsatisfactory). In order to determine what grade a student will be awarded, a percentage system will be used. In this pass/fail course, an overall of 80/100 is needed to pass (“S”) the course.

Various components determine a student’s final grade: (1) Activity component, (2) Conceptual component and (3) Application Assignments. Components are connected, and failing parts of one of the components could results in an “U”, or Unsatisfactory grade.

(1) Activity Component – 50 points
Participation Points (in-class) - minimum of 1300 out of 1500 total minutes needed to pass
A students will earn 0, 40 or 50 points based on their attendance and participation in class:

50 points IF perfect participation (1500 minutes)
40 points IF participation is 1300-1499 minutes
0 points IF participation is 1299 minutes or less => cannot pass the course
(2) Conceptual Component – 30 points

You must score 90% or greater on the Syllabus Quiz to access the chapter reading links and quizzes

Syllabus Quiz is located in ‘Start Here’ > Course Information in eLC

DUE 8/19

Chapter readings and quizzes linked in eLC have been accessed

~ All quizzes are not be available until the chapters have been accessed

- Ch. 1: ACTIVITY
  Activity Quiz
  DUE Thursday 8/23
  5 points*

- Ch. 2: RELEVANCE
  Relevance Quiz
  DUE Thursday 8/30
  5 points*

- Ch.3: HEALTHY LIFESTYLE
  Healthy Lifestyle Quiz
  DUE Thursday 9/6
  5 points*

- Ch.4: FITNESS
  Fitness Quiz
  DUE Thursday 9/13
  5 points*

- Ch.5: GOAL-SETTING
  Goal-Setting Quiz
  DUE Thursday 9/20
  5 points*

- Ch.6: NUTRITION
  Nutrition
  DUE Thursday 9/27
  5 points*

EXTRA absence earned if Ch. 2-6 quizzes are ALL done by 8/30

(3) Application Assignments – 15 points

Application Assignments make a practical connection between the activity, and conceptual components

A student must complete and submit evidence for THREE application assignments

Instructions to assignments are listed in Chapter 7 and linked in eLC

- Ch.1 Activity Application
  DUE Sunday 10/14
  5 points

- Ch. 2-6 Application
  DUE Sunday 10/14
  5 points

- CH. 2-6 Application
  DUE Sunday 10/14
  5 points

(4) Course Requirement – 5 points

DUE Wednesday 11/28

Attend a UGA Volleyball match or scrimmage and write a one-page reflection. Specifically, discuss who the opponent was, the scores of the sets, and the technical and tactical elements you noticed during the game. Try to draw connections between the skills we have/are learning and what you observed on the court.

**There are 13 home matches this year all will be played at Stegeman Coliseum**

Use the hyperlink below to view the schedule.

UGA Volleyball Schedule

(1) Participation Policy
**Consistent and on-task participation** in-class are vital factors of your final grade. Students accumulate the minutes that they are present and actively engaged in class. Students are responsible for keeping track of their participation. If a student wants to know how many classes s/he has missed, ask the instructor in class.

If a student always attends, participates in class and is on-task during class, the student will earn all 1500 minutes for participation and thus receive all 50 participation points.

If a student consistently attends, participates in class and is on-task during class for 1300-1500 minutes of the semester, the student will receive 40 participation points.

If a student misses more than 200 minutes and thus earns 1299 minutes or less, s/he cannot pass the course and will automatically receive a grade of Unsatisfactory.

**Arriving to class on-time and staying** in class until dismissal are also a part of your participation points.

If a student arrives to class between 5 and 15 minutes late, s/he will lose 25 points off of his/her Participation minutes.

Arriving over 15 min late or leaving more than 15 minutes early results in a loss of all the participation minutes for that day.

If a student is late more than 5 times, an additional 100 minutes will be deducted; s/he cannot pass the course and will automatically receive a grade of Unsatisfactory.

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1. Student is consistently chatting without engagement in the task at hand (10 points)
2. Student is consistently on cell phone during class (20 points)
3. Student distracts other students, or is disruptive to those trying to learn (20 points)
4. Student comes to class with inappropriate attire (20 points)
5. Student engages in unsafe behavior intentionally, such as trying to strike a Volleyball ball at another student, or harms any employees or students during UGA class time. (30 points)

*The following statements provide the only excused reasons for not participating in class…* Lapses in participation due to illness must be verified by a Physician, the Student Health Service, or by talking with the instructor and getting approval in advance. **Family funerals** will be excused with students informing the instructor via e-mail in advance of the funeral.
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<td>Week 1</td>
<td>8/13-8/19</td>
<td>Syllabus, procedures, rules</td>
<td>Sunday 8/19: Syllabus Quiz DUE</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Complete Clearance to Exercise Quiz</td>
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<tr>
<td></td>
<td></td>
<td>Read Syllabus and take Syllabus Quiz (need 90% to access remainder)</td>
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</tr>
<tr>
<td>Week 2</td>
<td>8/20-8/26</td>
<td>Tosses &amp; Passes (Forearm pass)</td>
<td>Thursday 8/23: Activity Quiz DUE</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read Chapter 1: Activity</td>
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<td></td>
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<td>Complete Activity Quiz (need 80%)</td>
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<tr>
<td>Week 3</td>
<td>8/27-9/2</td>
<td>Tosses &amp; Passes (Overhead pass)</td>
<td>Thursday 8/30: Relevance Quiz DUE</td>
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<td>EXTRA ABSENCE if all quizzes done by 8/30</td>
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<td>Read Chapter 2: Relevance</td>
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<td>Complete Relevance Quiz (need 80%)</td>
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<tr>
<td>Week 4</td>
<td>9/4-9/11</td>
<td>Serve Underhand</td>
<td>Thursday 9/6: Healthy Lifestyle Quiz DUE</td>
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<td>Read Chapter 3: Healthy Lifestyle</td>
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<td>Complete Healthy Lifestyle Quiz (need 80%)</td>
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<tr>
<td>Week 5</td>
<td>9/12-9/17</td>
<td>Serve Overhead</td>
<td>Thursday 9/13: Fitness Quiz DUE</td>
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<td>Read Chapter 4: Fitness</td>
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<td></td>
<td></td>
<td>Complete Fitness Quiz (need 80%)</td>
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<tr>
<td>Week 6</td>
<td>9/18-9/24</td>
<td>Spike</td>
<td>Thursday 9/20: Goal-Setting Quiz DUE</td>
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<td>Read Chapter 5: Goal-Setting Quiz</td>
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<td></td>
<td>Complete Goal-Setting Quiz (need 80%)</td>
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<tr>
<td>Week 7</td>
<td>9/25-10/1</td>
<td>Spike &amp; Blocking</td>
<td>Thursday 9/27: Nutrition Quiz DUE</td>
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<td></td>
<td></td>
<td>Read Chapter 6: Nutrition</td>
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<td></td>
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<td>Complete Nutrition Quiz (need 80%)</td>
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<td>Week 8</td>
<td>10/2-10/8</td>
<td>Offensive Tactics</td>
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<td>Read Chapter 7: Application Assignments</td>
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<tr>
<td>Week 9</td>
<td>10/9-10/15</td>
<td>Defensive Tactics</td>
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<td>Submit evidence for three application assignments</td>
<td>Sunday 10/14: THREE Application Requirement</td>
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<tr>
<td>Week 10</td>
<td>10/16-10/22</td>
<td>Team Tournament</td>
<td>10/17: Withdrawal deadline</td>
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<tr>
<td>Week 11</td>
<td>10/23-10/30</td>
<td>Team Tournament</td>
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<td>Week 12</td>
<td>10/30-11/5</td>
<td>Team Tournament</td>
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<tr>
<td>Week 13</td>
<td>11/6-11/12</td>
<td>Team Tournament</td>
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<tr>
<td>Week 15</td>
<td>11/27-12/03</td>
<td>TBD</td>
<td>11/28/18 DUE Course Requirement</td>
</tr>
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